

## Humboldt County

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### Community Health Needs Assessment Snapshot

#### Promote Healthy Behaviors

##### Problems/Needs:

- Rank #1: Obesity in Humboldt County was identified as 28% based on a population of 9,473.

#### Prevent Injuries

##### Problems/Needs:

- Rank #1: Domestic violence is a hidden preventable injury that residents of Humboldt County continue to suffer from, but do not seek help for numerous reasons or have sought help, but lack of communication, education, or resources are not able to remain safe. According to the 2009 Iowa Summary for Domestic Violence Counts, 54% of Humboldt County residents report that there is not enough funding for needed programs, services, and resources.

#### Protect Against Environmental Hazards

##### Problems/Needs:

- Rank #1: We have a couple of unsewered communities in Humboldt County. The Environmental Health Manager has been working with these counties on getting the correct drainage systems and sewer systems in place. He has been working on grants, low interest rate loans and other options to help community members complete these projects in order to be in compliance.

#### Prevent Epidemics and the Spread of Disease

##### Problems/Needs:

- Humboldt County had 17 cases of Chlamydia reported in 2007, with 74% of those being ages 15 - 24.

## **Prepare for, Respond to, and Recover from Public Health Emergencies**

### **Problems/Needs:**

- Rank #1: Lack of consistency among all of the new staff changes within public health, emergency management, and other local community partners.

## **Strengthen the Public Health Infrastructure**

### **Problems/Needs:**

- Rank #1: Only one dentist in Humboldt County that accepts Title 19 and that is sporadic at best.
- Rank #2: Lack of Department of Human Services' staff to contact, long wait times between call backs, no answers and lengthy time to wait for services to begin.

## Community Health Improvement Plan

Goal	Strategies	Who is responsible?	When? (Timeline)
Decrease the percentage of obese adult population in Humboldt County from 28% estimated in 2009, based on a population of 9,473 to 22%.	Develop and implement a comprehensive educational campaign to the people in Humboldt County.	Humboldt County Public Health	January 2012
	Continue to work with community partners on providing educational sessions, nutritional information, weight loss control and exercise information.	Humboldt County Public Health, along with Community Partners such as Extension Office, HCMH, local area businesses	Nov-11

Goal	Strategies	Who is responsible?	When? (Timeline)
According to the 2009 Iowa Summary for Domestic Violence Counts, 54% of Humboldt County residents report that there is not enough funding for needed programs, services and resources.	Set up quarterly public informational meetings with local partners to provide basic domestic violence information.	Humboldt County Public Health along with local community partners, such as DSOAC, HSO, HCMH	November 2011
	Provide information to all HOPES, Maternal Child Health and WIC clients regarding domestic violence services in Humboldt County and contact information.	Humboldt County Public Health along with local community partners, such as DSOAC, HSO, HCMH	Every month through 2011

Goal	Strategies	Who is responsible?	When? (Timeline)
Humboldt County will decrease the number of confirmed cases of Chlamydia from 17 to 13 in the age group of 15 - 24 year olds.	Information will be provided to the age group of 15 - 24 year olds regarding STD's, how they are acquired, how this affects their body, signs and symptoms, prevention and treatment. This age group will receive this information via the medical professionals office, WIC office, and/or HCMH.	Humboldt County Public Health, along with providers such as local medical facilities, planned parenthood, and the pregnancy prevention specialist.	December 2011
	The Pregnancy Prevention Specialist will work with and communicate with the Humboldt County school districts regarding providing sexual education to the high school level school children, along with possibly the junior high school level children. Education will be provided to these groups on STD's and basic information, along with safe sex protection.	Pregnancy Prevention Specialist and Humboldt County Public Health	Dec-11
	Humboldt County Public Health will attempt to obtain funding to provide the Girl Talk/Guy Talk program to the junior high level students. In this program, STD information will be provided along with education on safe sex education, information and resources.	Humboldt County Public Health	Dec-11

Goal	Strategies	Who is responsible?	When? (Timeline)
All emergency preparedness community partners meet on a bi-annual basis to review basic knowledge of each partners plan/skills.	Meetings will be held annually with EMS, HCMH, HCPH and EM Manager to review plans, inform others of changes among staff and work together on community drills/emergency preparedness activities.	Humboldt County Public Health, HCMH, and EM Manager	June 2011
	Meetings will be held annually with the partners listed above, along with local law enforcement, local fire departments, and other key local partners to update plans, discuss emergency preparedness activities and make changes as needed with contact information.	Humboldt County Public Health and all other local partners	Dec-11

Goal	Strategies	Who is responsible?	When? (Timeline)
Increase dental offices that accept Title 19 from one to two local dental offices or to have transportation provided for families to other communities that have dentists that accept Title 19.	Although we want as many services as possible to remain within Humboldt County, this is a need that our community has identified. Transportation is an issue for some to go to a dental appointment out of county. DHS has developed a new transportation system and we can utilize volunteers through this program. Services will be advertised and workers will inform families/clients of this transportation service.	DHS, Humboldt County Community Services, Humboldt County Public Health	December 2011
	Provide information to families through WIC clinics, home visits, public service announcements, school emails, brochures, and/or information provided at medical clinics with information on Title 19 dental providers and dental services provided by ICC in Fort Dodge and the county.	Humboldt County Public Health	Dec-11